Centro dell'Uomo (Man Center) - Monastero di Sargiano - 52100 Arezzo, Italy

MESSAGE FOR CHRISTMAS 2016 AND NEW YEAR 2017

To reach the summit of a mountain it is necessary, during the climb, to pay continuous attention and have a firm will to reach

the goal, so as to overcome all the obstacles that one encounters along the not easy path. But, on reaching the top, panoramas of extraordinary breadth and beauty open up before our eyes.

So those who follow the Path of Spirituality must proceed with great care and inflex-

ible firmness, always keeping the yearned, exceptional objective in mind: the attainment of perfect bliss without end, in the Realm where the Master has prepared a place for them. Christ said, "In the House of the Father there are many places. If it were not so, I would not have told you that I go to prepare a place for you... And of the place where I go, you know the Way." Then Thomas said, "How can we know the Way?" Jesus answered, "I am the Way, the Truth, and the Life. No one

can come to the Father, except through me." $^{(1)}$

The Divine Teachings imparted by the Master are the Master



Himself and those who follow them discover the Truth that animates the entire Universe and realize the true life, the Life of the spirit. This is the only way that we can be "born again." Christ indeed said, "Truly I tell you, unless one is born again one cannot see the kingdom

of God."⁽²⁾ Our parents gave us birth in the body and thus deserve our gratitude, because the human body is the highest on the physical Plane; but it is destined eventually to return to the dust from which it came. The Master is instead the One who makes us have a second birth, the "birth in the spirit," and so gives us eternal life. Without his saving grace, we could not penetrate into the kingdom of God that is within us and unveil the mysteries of the Universe around us. So Christmas, like every year, brings us the memory of the birth of the Master Christ. He came to bring the true Light into the world, that enlightens every man, and reopens the narrow Path between Earth and Heaven, a spiritual Way of Love, Righteousness and Knowledge for humanity that till then was immersed in darkness and unguided.

There is a birth of the body and a birth of the spirit: to be reborn into the spirit, it is necessary for the Master to make the Divine Light rise up within us. And once this Light has been awakened within us, we must make sure it does not become darkness: if this happens, how great would be that darkness!⁽³⁾ Those who have never seen the Light can continue to live in error and illusion; but those who have had the immense fortune to be placed on the high Way of Light must live as Children of Light, following the Way of Knowledge, Virtue and Love, leading to freedom from all pain and to full Happiness, both in this life and in the Life to come.

As the end of the year approaches, those who have lived as Children of Light can make a positive report of the year gone by and see a bright and happy New Year opening up before them. Being true Children of Light must in any case be the firm purpose of all those who have been placed on the Divine Path. Constancy in meditation, remembrance of

the Master and God and continual self-analysis, made simple and safe by keeping one's daily Diary of spiritual progress, are the milestones on the Way back to the House of the Father: from which the Negative Power, the "Prince of this world," has kept the human soul separated for eons with material enticements.

If every evening, in remembrance of the Master, you perform sincere self-analysis of your behavior, considering whether you have been regular in your meditation and followed his recommendations in the field of an ethical life, you can make great strides ahead on the spiritual Path and overcome any obstacle that stands between you and your fast reaching the Goal.

I wish you a Christmas to be spent in inner peace and joy and a New Year in which you can bring to fulfillment the wonderful plan awaiting your spirit, or at least bring you closer and closer to this bright Objective. You can be sure that the Master is always beside you, giving you all possible help, grace and protection.

With love, your affectionately

Pier Franco Marcenaro

⁽¹⁾ John 14:2-6.
⁽²⁾ John 3:3.
⁽³⁾ Matthew 6:23.

